

# What's On!

Take a look at what's on this month and join in the fun!

## TAYLORS BEACH SOCIAL CALENDAR

Day Trips from just \$10 plus expenses, Special Events and Taylors Beach Activities

For bookings call **1300 363 654** or email [taylorsb@novacare.org.au](mailto:taylorsb@novacare.org.au)

### OCTOBER 2025

		Wednesday 1 October	Thursday 2 October	Friday 3 October
		Men's Group <b>Or</b> Coffee Club Pickups from 9.30am	Exercises 10:30am – 11:15am <b>Or</b> Social Centre Café Catch Ups \$12 11.30 to 1pm	Scenic Drive and Lunch: Kahibah Sports Club
Monday 6 October	Tuesday 7 October	Wednesday 8 October	Thursday 9 October	Friday 10 October
Halloween Craft Workshop 10 am – 1pm or Exercises 1pm to 1:45 pm	Exercises 10:30am – 11:15am <b>Or</b> The Lunch Bunch Pickups from 11:30am	Men's Group <b>Or</b> Coffee Club Pickups from 9.30am	Exercises 10:30am – 11:15am <b>Or</b> Scenic Drive and Lunch (mystery venue)	Scenic Drive and Lunch: Food and Friendship Café – High Tea
Monday 13 October	Tuesday 14 October	Wednesday 15 October	Thursday 16 October	Friday 17 October
Drop-in Day (Morning Tea and chat) 10:00 am – 12:30pm or Exercises 1pm	Exercises 10:30am – 11:15am <b>Or</b> The Lunch Bunch Pickups from 11:30am	Men's Group <b>Or</b> Coffee Club Pickups from 9.30am	Exercises 10:30am – 11:15am <b>Or</b> Social Centre Café Catch Ups \$12 11.30 to 1pm	Scenic Drive and Lunch: Cycling without Age +Fish and Chips in the Park
Monday 20 October	Tuesday 21 October	Wednesday 22 October	Thursday 23 October	Friday 24 October
Fascinator workshop (Melbourne Cup wear) or Exercises 1pm	Exercises 10:30am – 11:15am <b>Or</b> The Lunch Bunch Pickups from 11:30am	Men's Group <b>Or</b> Coffee Club Pickups from 9.30am	Exercises 10:30am – 11:15am <b>Or</b> Scenic Drive and Lunch (mystery venue)	Scenic Drive and Lunch: West's – New Lambton
Monday 27 October	Tuesday 28 October	Wednesday 29 October	Thursday 30 October	Friday 31 October
Drop-in Day (Morning Tea and chat) 10:00 am – 12:30pm or Exercises 1pm	Exercises 10:30am – 11:15am <b>Or</b> The Lunch Bunch Pickups from 11:30am	Men's Group <b>Or</b> Coffee Club Pickups from 9.30am	Exercises 10:30am – 11:15am <b>Or</b> Halloween Luncheon 11:30 am – 1pm	Scenic Drive and Lunch: Tea Gardens Café Lunch

# TAYLORS BEACH NEWS!

## 🎄 ✨ Save the Date – NovaCare Community Christmas Party! 🎄 ✨

📅 **Wednesday, 3rd December** – Belmont Golf Club

Come along and celebrate the festive season with us! ✨

The price for lunch will be confirmed soon. (Please note: drinks and transport will be additional.) We can't wait to celebrate Christmas with you – make sure to save the date!



## Thursday 9<sup>th</sup> and Thursday 23<sup>rd</sup> October.

### 🚌 ✨ Scenic Drive & Mystery Lunch Adventures! ✨ 🍴

Join us for a day of fun, friendship, and a little mystery! We'll take you on a **relaxing scenic drive** through beautiful surroundings before stopping at a **surprise lunch destination**.

Enjoy good company, a delicious meal, and the excitement of not knowing exactly where we're headed until we arrive! ✨

Seats are limited, so be sure to book early to secure your spot on this special outing.

## REMINDERS

### Seatbelts

Seatbelts must be worn when the bus is in motion, only when the bus is parked can people take their seatbelts off. We are not a public bus where you can stand before you stop.



### Labour Day Holiday Closure

The NovaCare office and all of the social centres will be closed on Monday 6<sup>th</sup> October 2025 for the Labour Day. A reminder there will be no CHSP services on the public holidays.

### Daylight Savings ⌚ ➡ 😊

Daylight savings begins at 2am on Sunday 5<sup>th</sup> October 2025 when clocks are put forward one hour.

## Carer's Week 12 – 18 October

Carers Week is a time to recognise and celebrate the incredible contribution of carers in our community. Whether you're supporting a family member, a friend, or someone in the community, your dedication and compassion truly change lives. We acknowledge the challenges you face, the love you give, and the invaluable role you play each day. To all carers – thank you.



**Opening hours: 8.30am – 4.00pm, Monday to Friday.**

**If you need to call outside of these hours please call Head Office on 1300 363 654.**

**Supported by the Australian Government Department of Health, Disability and Ageing**

NovaCare Taylors Beach Social Centre Activities – October 2025